

## Illnesses that Can cause Hemorrhoids

**P**eople with **hemorrhoids** have been pigeonholed by the comics or comedians to be laughing stocks. That's the key reason why fewer folk together with this condition have a tendency to go to a doctor. Instead, they would rather wait for the pain to be able to subside and just worry about it another time, especially if the discomfort becomes chronic.

- You are really worried about getting hemorrhoids, living a healthy way of life will benefit you a lot.
- Here are some factors behind hemorrhoids.

### Expecting a Baby:

Pregnancy can cause a woman to extend chances of having hemorrhoids. The reason is because the anal veins will be coerced more thanks to the added weight in the uterus. For girls who are experiencing hemorrhoids, pregnancy can worsen the problem.

- Ladies who are pregnant who do not experience hemorrhoids while pregnant can always get **piles** in the course of delivery.
- This is thanks to the long and hard delivery.
- Another cause is the **bowel** problems a woman experiences after childbirth.
- Due to the kindness in the anal sphincter and perianal area, ladies will prolong bowel movements.
- Hemorrhoids during pregnancy is one thing a number of women have to deal with.

### Delaying Bowel Movements:

There are a number of people that are usually scared to empty out away from home since the toilet could be grimy. Another reason is that there is just no toilet close by. So folk will just try to force the fecal matter back again inside for two more hours. Doing this occasionally can do no harm. But if it becomes incessant it could lead to hemorrhoids.



HemorrhoidsBowelPiles

- The longer the substance stays in the fecal colon, it becomes harder and drier.
- This makes it more difficult to pass.
- You'll then end up being required to tension more to get it out.
- The anal muscles that signal a person it's the time to empty out could also become weaker.
- For example, try to imagine that you all of a sudden empty out in your pants because you did not feel anything.

### Illnesses:

Number of illnesses can be causes of hemorrhoids. One disease that will cause hemorrhoids is rectal cancer. The reason being because colonic cancer will make the person have 'false' calls of nature. That will then cause the person to go the bathroom more often and spend more time straining.

### People Who Abuse Alcohol Will Make Their Livers Bigger

This will then create additional pressure on the rectal veins. Other illnesses that may also trigger hemorrhoids are crabby bowel syndrome and intestinal tract progress. These types of diseases cause trots or interfere with ordinary taking away.

There are other causes of hemorrhoids as well as these three. While experiencing hemorrhoids during pregnancy often cannot be helped, a healthy lifestyle will help prevent hemorrhoids overall, even while pregnant.

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