

Internal Hemorrhoids Symptoms - How it Differs From External Hemorrhoids

Hemorrhoids though not very dangerous to human life have triggered a problem in order to modern people mostly living in developed cities and towns. It has been a rampant urban disorder mostly caused by undisciplined life style, stress caused by work leading to higher blood pressures than normal, unhygienic conditions and many more. The anus and the rear end get swollen and inflamed followed by redness, itching as well as pain.

There are two types of annoying hemorrhoids; internal, where a group or lumps type inside the actual anus, as well as external; where the protruding veins appears on the outside of your rectum. Nevertheless, with your inside hemorrhoid condition, the lump in the rectum could be caused by pregnancy, or after giving birth to a baby.

The symptoms of internal hemorrhoids are rectal itchiness, pain or throbbing ache in the hypersensitive area, bright red blood showing up on the toilet paper and pain when creating a bowel movement.

Other Symptoms

Rectal bleeding. Like external hemorrhoids, bright red spots of blood vessels may appear on toilet paper after a bowel movement. Unlike, external hemorrhoids, blood spots may appear on toilet paper if one wipes the anal sphincter prior to a bowel movement and in addition, blood may appear on individual pieces of stool. Because the bleeding happens internally, small amounts of blood may leak from the anus even in the absence of a bowel movement and there is the possibility that the stool will pick up small amounts of blood on its way out of the large intestine.



“



Hemorrhoid Relief-How You Can cure Hemorrhoid Successfully Constipation is often the basic underlying cause of hemorrhoids. Straining during defecation and passage of infrequent stools results in the build up of strain which can ultimately guide the congestion of blood vessels in the rectal veins thereby...

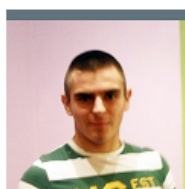
One thing some people looking for an internal hemorrhoid treatment may well be tempted to do is use laxatives but they are generally not suggested by most doctors, or they are suggested in moderation. Having loose stool can actually worsen your complaint by irritating the hemorrhoid tissues in your body and create problems you will not want to deal with later on.



HemorrhoidsHemorrhoidInternal HemorrhoidsBowelExternal

Difficulty or obstruction in passing stools and occurrence blood stains with stools is considered to be primary manifestation of internal hemorrhoid. At the same time it is not necessary that every event of stool blood must be cause of hemorrhoid. It may be indication of any other disease. Your doctor will decide exact cause of bloodstream stool after medical investigations. Using cases you are able to notice hemorrhoids enlarged to an extent that lumps hangs out from anus. This kind of problem will be referred to as prolapsed hemorrhoid. You may mis-take prolapsed internal hemorrhoid as external hemorrhoid due to its appearance on outer side of the rectal region.

You are suffering from internal hemorrhoids you may be wondering what treatment options you have. Due to the fact that hemorrhoids can be brought on by strain many doctors suggest increasing your dietary fiber intake as well as your water intake as part of a treatment for internal hemorrhoids. This can help to soften stool and reduce the strain needed. It is often suggested not to use laxatives or to use them sparingly. Loose bar stools can also irritate the delicate hemorrhoidal tissues and cause more problems rather than managing the inside hemorrhoids.



“ **Trey Hinton**

Trey is a content marketer at gold-web-submission.com, a collection of articles about alternative health tips. Previously, Trey worked as a consultant for a tech software startup. When he's not scouting for web articles, Trey enjoys hiking and rock climbing.

Disclaimer: Content in this document is an advertisement, therefore it may be biased and should not be considered an objective or independent review. Owner of this document may be compensated when you purchase a product by clicking a link in this document. The views and opinions expressed in this document are purely of the author. Any product claim or other representation about a product or service should be verified with the manufacturer, provider or party in question. Any health information in this document is for educational purposes only and is not intended to replace the advice of your health care provider.