

# Piles Symptoms and Types - Know When to see your Doctor

**P**iles, which are often called hemorrhoids, occur when veins around the anus and rectum turn out to be inflamed and swollen. Most of the time, they may develop from pressure in the area or due to straining when you have a **bowel** movement. Given that this problem is so common, it's a good idea in order to know the **piles** symptoms so you can figure out if you may be dealing with this problem. Sometimes you can find out how to get rid of piles at home. However, in some cases, if your piles symptoms are severe, you may need to see a doctor. Here is a closer look at some of the common piles symptoms you need to understand.



## Common Symptoms

You will find that there are quite a few different piles symptoms that you should be looking for if you think you may have **hemorrhoids**. Some people have only a few of the piles symptoms while others may go through all of them. The following are a number of the piles symptoms and signs:

Irritation and itching around the rectum  
 Lumps around the anal sphincter, that could be very painful or sensitive  
 Problems with faeces leaking from the anus  
 Blood loss during a bowel movement that is painless - blood that is bright red may be seen in the toilet bowl or about the toilet cells when you have a bowel movement  
 Discomfort and pain around the affected area  
 Swelling and irritation around the anal area  
 Internal and **External Piles**

- Of course, it's important to understand that piles symptoms can vary, depending on the location of the **hemorrhoids**.
- There are two different types of hemorrhoids.
- Internal ones are situated within the rectum.
- In most cases, you will not feel or see all of them and usually there is no discomfort associated with them.
- Sometimes irritation or straining when having a bowel movement can cause damage to these internal hemorrhoids, that may cause bleeding.
- Sometimes, too much straining can result in the hemorrhoid being pushed out there through the anal opening.
- When this occurs, it is known as a prolapsed or protruding hemorrhoid and it may cause some irritation and pain.

## External Piles are a Bit Different and Often Have Different Piles Symptoms

The particular external ones are usually underneath the skin located around the anus. They can lose blood and itching when they become irritated. In some cases, blood can swimming in these hemorrhoids, which may cause a clot. If a clot occurs, severe swelling, inflammation as well as pain may occur as piles symptoms.

## When Should You See Your Doctor?

You may be wondering when piles symptoms are bad enough to require a visit to your doctor. One of the common piles symptoms is actually bleeding. However, bleeding from the rear end is a characteristic of many other diseases as well, including anal and colorectal cancer. If you do experience bleeding, don't ever assume that hemorrhoids are usually causing that bleeding. You need to see your doctor and be examined to ensure that another problem is not the cause of the bleeding. It is also necessary to see a doctor if you have pain, excessive or frequent bleeding or the piles symptoms don't get better when using home treatments.

- Many cases, you are able to find out how to get rid of piles at home.
- Many home treatment products can provide relief from your piles signs and symptoms.
- Carefully check your symptoms and if you don't see improvement, always see your doctor.
- Helena composed about symptoms and also treatment for piles here.
- You can view a list of piles symptoms in her Hemocyl Review.

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